

MANUP Book Study

- Guidelines

- Each study session should begin in prayer.
 - Heavenly Father, Thank you for this day and for the many blessings you have given me. On this day fill me with the gifts of your Spirit that I may grow as a parent of the children you have given me. Amen.
- Read a chapter or two daily and use a highlighter on key thoughts that pop out.
- In group settings, participants should share what highlights spoke to them that week.
- Reflect on the associated questions below.
- Each study session should in prayer.
 - Heavenly Father, Thank you for the wisdom you have shared today. Grant me the grace to apply what I have learned in my life for others. Amen

- Book Study Segments –

- Getting started? pp. 6 - 24
 - What sort of role models were your parents?
 - How can you be a better role model for your children?
- DAD Fundamentals pp. 27 - 38
 - What is your most important role?
 - How well does your time spent align with that?
- Family Dynamics pp. 39 - 51
 - Explain parents and kids roles in your own words?
 - How would you play your parental role differently than what you experienced as a child?
- Things to model for your children pp. 52 - 68
 - In which areas are you the strongest?
 - In which areas do you need to improve?
- Things to teach from an early age pp. 69 - 79
 - How did you learn about these things?
 - What differences should you teach your children?
- Things to teach as the child grows pp. 80 - 106
 - How did you learn about these things?
 - What differences should you teach your children?
- Adult things to consider pp. 107 – 126
 - Which of these challenges have you experienced?
 - How do you pass wisdom to others?