

STEPUP Book Study

- Guidelines
 - Each study session should begin in prayer.
 - Heavenly Father, Thank you for this day and for the many blessings you have given me. On this day fill me with the gifts of your Spirit that I may grow as a disciple of Christ. Amen.
 - Read a chapter or two daily and highlight key items that pop out.
 - In group settings, participants should share what highlights spoke to them that week.
 - Reflect on the associated questions below.
 - Each study session should in prayer.
 - Heavenly Father, Thank you for the wisdom you have shared today. Grant me the grace to apply what I have learned in my life for others. Amen

- Book Study Segments –
 - Getting started, we all need spiritual parents pp. 8 - 19
 - Who are your spiritual parents?
 - Who are your spiritual children?
 - DNA Comes from the parents pp. 20 - 35
 - Is your journey more of an individual walk?
 - Can you see how others could help your path?
 - God Uses Patterns pp. 36 - 49
 - Have you ever thought about God’s parenting process?
 - What parallels do you see between discipleship and parenthood?
 - Am I a Spiritual Parent pp. 51 - 70
 - Are you fishing?
 - Are you catching?
 - Evidence of a Gap pp. 71 - 86
 - Can you identify someone you have intentionally invested in?
 - Do you consider yourself more a fan or a player?
 - The Five Steps pp. 87 - 106
 - Which of the steps are your strengths and weaknesses?
 - Which of the steps are your parishes strengths and weaknesses?
 - Some Challenges of Discipleship pp. 107 – 121
 - Which of these challenges have you experienced?
 - Can you identify times when you have attempted and failed?
 - God’s Perfect Puzzle pp. 122 - 136
 - Share when you “didn’t fit” with another person.
 - Share when the fit was perfect and yielded results.
 - Charisms ... Do it your way pp. 137 - 150
 - Have you ever been exposed to the idea of Charisms?
 - Do you know what your spiritual gifts may be?

- Small Groups and Ministries pp. 151 - 165
 - Is your small group or ministry vibrant?
 - Does your group lead those outside of the group toward Christ?
- It's not a business pp. 166 - 186
 - Is your group more task or mission oriented
 - Which area of discipleship is your group addressing?
- Discerning Next Steps pp. 187 - 195
 - What areas do you need to improve in order to grow as a disciple?